

## **CONFIDENTIALITY**

All services are confidential per Welfare and Institutions Code 5238 and Title 42 of the California Code of Regulations. Minors may consent for their own services under certain circumstances.

## **YOUR RIGHTS**

- Your treatment at TCBHD is voluntary.
- You have the right to be treated fairly. TCBHD does not discriminate based on race/ethnicity, religion, gender, age, disability, income or sexual preference.
- You have the right to request services.
- You have the right to complain. Contact your clinician, their supervisor, or the Quality Assurance Manager for assistance.
- You have the right to request your records; a nominal copying fee will be charged.

**If you are feeling suicidal,  
call Crisis Services:**

**(209)-533-7000  
Available 24/7**

### **What Alcohol Poisoning or Drug Overdose Looks Like**

- ⇒ Person is asleep & cannot be awakened
- ⇒ Breathing is slow or irregular
- ⇒ Skin/lips are cold, clammy, pale or bluish
- ⇒ Vomiting while passed out

### **What to Do**

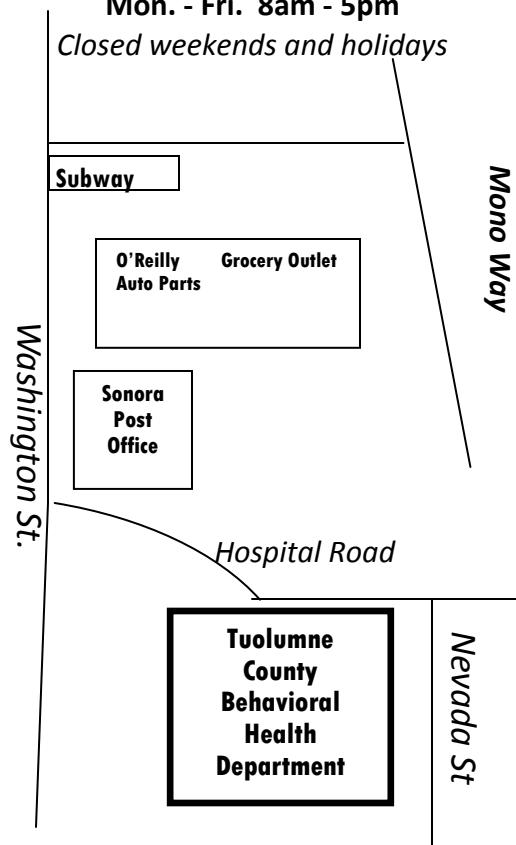
- ⇒ Trust your instincts!
- ⇒ Turn the person on their side to prevent choking while vomiting.
- ⇒ Do not leave them alone or let them "sleep it off"

**Call 911 immediately!**



**Tuolumne County  
Behavioral Health Department  
105 Hospital Road  
Sonora, CA 95370**  
**(209) 533-6245**—Appointments & Admin  
**(209) 533-7000**—24 hour crisis  
**(800) 630-1130**—toll free

**Business Hours:**  
**Mon. - Fri. 8am - 5pm**  
*Closed weekends and holidays*



## **TUOLUMNE COUNTY BEHAVIORAL HEALTH DEPARTMENT**

**105 HOSPITAL RD.  
SONORA, CA. 95370  
(209) 533-6245**

## **ALCOHOL AND DRUG TREATMENT SERVICES**



*Our Mission is to provide respectful, culturally sensitive and strength based behavioral health services which provide wellness, self-sufficiency and recovery from mental illness and/or addiction.*

**24-hour Crisis Line:  
209-533-7000**

## ALCOHOL AND DRUG SERVICES

(209) 533-6245

- **Alcohol and Drug Treatment:**  
Individual, group and family treatment for persons with a substance abuse or addiction problem.
- **Dual Diagnosis Treatment:**  
Counseling for clients who have alcohol and/or drug problems in addition to a mental health disorder.
- **Perinatal Treatment Program:**  
Specialized alcohol and drug treatment for pregnant and/or parenting women.  
**Priority will be given to pregnant women who are intravenous substance users.**
- **Adolescent Brief Intervention Program:**  
Early intervention for youth and teens using alcohol and/or drugs through individual and family counseling.

### Court Ordered Programs

- Deferred Entry of Judgment, Adult Drug Court and Prop 36 Services
- Dependency Drug Court
- Impulse Control Disorder Groups
- Sex Offender Groups
- AB109

Visit Tuolumne County's  
**Network of Care for Behavioral  
Health**

[www.tuolumne.networkofcare.org/  
mh/](http://www.tuolumne.networkofcare.org/mh/)



## PROGRAM ENTRY

Initial brief assessments are available on a walk-in basis. Assessments for all Alcohol and Drug Services are available by appointment at 105 Hospital Road, Sonora, CA or by calling (209) 533-6245

### PLEASE NOTE:

*Tuolumne County Behavioral Health reserves the right to refuse treatment to any person who arrives for such treatment obviously under the influence of alcohol or drugs; useful therapy is not possible while a client is actively under the influence.*

## COST

- Voluntary services are charged on a sliding scale based on income; **in order to determine your fees, you MUST bring proof of income to your assessment appointment or you will be charged the maximum fee.**
- If you provide insurance information, please note that it may not pay for alcohol and drug services.
- Court-ordered programs have fees that must be paid in full in addition to attending all classes in order to qualify for completion.



## COMMUNITY SUBSTANCE ABUSE & RECOVERY RESOURCES

- **Sonora Alano Club:** (209) 532-9838  
19421 Village Dr., Sonora, CA
- **Alcoholics Anonymous:** (209) 533-1134  
24 hour Answering Service
- **Al-Anon:** (888)-425-2666 for meeting information and schedules
- **Narcotics Anonymous:** (209) 533-2348
- **Nicotine Anonymous:** (877) 879-6422
- **Gamblers Anonymous:** (888) 424-3577

## ADDITIONAL COMMUNITY RESOURCES

**The Enrichment Center**  
102 Hospital Rd  
Sonora, CA 95370  
(209) 533-6695

**David Lambert Drop In Center**  
347 W. Jackson Street  
Sonora, CA 95370  
(209) 533-4879

*Additional* outreach and support for anyone **over 55 years old:**  
The Friendship Line: **(800) 971-0016.**