

Healthier Holiday Eating!

Delicious, nutritious and wallet-friendly recipes to celebrate.

Starters



Veggie Dip



Swiss Chard Pinwheel Bread

Main



Chicken w Apples & Raisins



Tortilla Lasagna-Vegetarian

Sides



Holiday Roasted Butternut Squash



Brown Rice & Orange Salad

Dessert



Sweet Potato Cheesecake



Cran-Apple Crisp